ANDREOU ELENI

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EDUCATION

- <u>2002-2006</u>
 Alexandreio Technological Educational Institution of Thessaloniki
 Department of Aesthetics and Cosmetology
- <u>2008-2009</u>

National and Capodistrian University of Athens.MedicalSchool, University of AthensMaster of Science: "Stress Management and Promotion of health"

• <u>2009-2010</u>

School of Pedagogical and Technological Education (A.S.PE.T.E)

• 2011-2013

National and Capodistrian University of Athens: Master of Science

Master of Science : «Environment and Health. Capacity building for decision

making», Medical School, University of Athens Bachelor in Aesthetics, Technological Educational Institution of Athens

TEACHING ACTIVITY (Secondary education)

- I.E.K. Kifisias (Aesthetics and Cosmetology)
- E.PAS. O.A.E.D.

TEACHING ACTIVITY (University of Athens)

- T.E.I. of Athens (2011-2018)
- University of West Attica (2018-2019)

PUBLICATIONS

- Andreou E., Alexopoulos E., Lionis C., VarbogliL., Gnardellis C., Chrousos G., Darviri C. Perceived Stress Scale: Reliability and Validity Study in Greece. International Journal of Environmental Research and Public Health 8(8) pp 63-64(2011). International Journal of Environmental Research and Public Health μεImpact Factor: 2.145 (2017)
- 2. Andreou E. Stress and its impact on women's appearance. EpitheoreseKlinikisFarmakologias kai Farmakokinetikes. 30(1), pp. 63-64(2012)
- Andreou, E.Kefala, V.,Rallis, E.Why do cosmetic tattoos change color. An update(Article) Review of Clinical Pharmacology and Pharmacokinetics, International Edition Volume 32 (3), p.p. 115-123 (2018)
- Andreou, E. ,Kefala, V., Rallis, E. Permanent eye-liner Review of complications. Etiology EpitheoreseKlinikisFarmakologias kai Farmakokinetikes36 (2), pp. 129-134 (2018)
- 5. Kefala, V., Andreou, E., Biskanaki, F., Rallis, E. Important applications of ultrasound in aesthetics. Keratolysis and phonoforesis. EpitheoreseKlinikisFarmakologias kai Farmakokinetikes 36(2), pp. 123-128 (2018)
- 6. Kefala, V., Biskanaki, F., Andreou, E., Rallis, E. Cavitation. A local fat treatment method with effect of ultrasound. Review of Clinical Pharmacology and Pharmacokinetics, International Edition. 32(2), pp. 83-86 (2018)

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<u>h-index : 2</u>

Participation in national conferences (with judges)

Andreou E, PapageorgiouE.,Protopapa E., Nikolopoulou-Stamati P. The way of life as impact in oxidative stress.
 Poster in the "5th I nternational Conference on Risk Analysis, May 30 – June 01 2013", Tomar, Portugal

 Andreou E, PapageorgiouE., Protopapa E., Nikolopoulou-Stamati P. The way of life as impact in oxidative stress.
 Poster in the "6th International Conference on Oxidative Stress in Skin Biology and MedicineAndros, Greece28-31 August 2014"

WORK EXPERIENCE

1/2014- today Self-employed2006-2008 – Spatherapist in Hotel Grand Bretagne, Athens

LANGUAGES

English: CERTIFICATE OF PROFICIENCY IN ENGLISH LANGUAGE French: DELF I